

# WEEK 1 MENU

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03, 21/04, 12/05

## CHOICE One

## CHOICE Two

## GRAB & GO options

MON	<b>SPICE IS NICE</b>	<b>SPICE IS NICE</b>
	<b>Chicken Tikka Masala</b> 🍷 🌿 Served with Wholegrain Rice and Spiced Cauliflower	<b>Catalan Spiced Bean and Potato Stew</b> 🌿 🍷 Served with Herb Dumpling and Spiced Cauliflower
TUE	<b>BURGER BAR</b>	<b>BURGER BAR</b>
	<b>Beef Burger</b> Served with Baked Garlic and Herb Wedges and Corn on the Cob	<b>Veggie Burger</b> 🌿 Served with Baked Garlic and Herb Wedges and Corn on the Cob
WED	<b>CLASSICS</b>	<b>CLASSICS</b>
	<b>Roast Honey Glazed Ham</b> Served With Roast Potatoes, Vegetables And Gravy	<b>Roast Quorn</b> 🌿 Served With Roast Potatoes, Vegetables And Gravy
THUR	<b>STREET</b>	<b>STREET</b>
	<b>Chicken Katsu</b> 🌿 Served with Wholegrain Rice	<b>Korean Glazed Quorn Flatbread</b> 🌿 Served with Satay Sweetcorn
FRI	<b>FRIDAY FAVOURITES</b>	<b>FRIDAY FAVOURITES</b>
	<b>Southern Fried Chicken Goujons</b> Served With Chips, Baked Beans And Peas	<b>Quorn Sausage Roll</b> 🌿 Served with Chips, Baked Beans and Peas

### HOT DISHES:

**Paninis**  
**Pasta and Sauces**  
**Freshly Baked Pizza**  
**Soup and Bread**  
**Jacket Potato and Toppings**

### SALADS:

**Tuna and Sweetcorn Pasta Salad** 🍷 🌿  
**Pesto Pasta Salad** 🌿 🍷 🌿  
**Roasted Indian Chickpea Salad** 🍷 🌿

### SANDWICHES/BAGUETTES:

**Ham and Cheese Sandwich**  
**Chicken Salad Sandwich**  
**Cheese Baguette** 🌿  
**Tuna Mayo Baguette**  
**BLT Baguette**

### WRAPS:

**Pepper and Houmous Wrap** 🌿 🌿 🍷 🌿  
**BBQ Chicken Wrap** 🌿 🍷 🌿  
**Chicken Caesar Wrap** 🌿 🍷 🌿










# WEEK 2 MENU

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03, 07/04, 28/04, 19/05

## CHOICE One

## CHOICE Two

## GRAB & GO options

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b>  Served with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
<b>TUE</b>	<b>Chilli Beef Cheese Nachos</b>  Served with Salad	<b>Rajastan Red Lentil Curry</b>    Served with Wholegrain Rice
	HOT DELI	HOT DELI
<b>WED</b>	<b>Roast Beef</b> Served With Roast Potatoes, Vegetables And Gravy	<b>Roast Quorn</b>  Served With Roast Potatoes, Vegetables and Gravy
	NOODLE BAR	NOODLE BAR
<b>THUR</b>	<b>Chicken Yakisoba</b> Served with Vegetables	<b>Soya Yakisoba</b>   Served with Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> Served With Chips, Baked Beans And Peas	<b>Cheese and Onion Bake</b>  Served with Chips, Baked Beans and Peas


### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad   
Pesto Pasta Salad     
Roasted Indian Chickpea Salad  

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette   
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap     
BBQ Chicken Wrap    
Chicken Caesar Wrap  

# WEEK 3 MENU

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03,  
14/04, 05/05, 26/05

## CHOICE One

## CHOICE Two

## GRAB & GO options

	STREET	STREET
<b>MON</b>	<b>Buffalo Chicken</b> Served with Baked Garlic and Herb Wedges, Mixed Salad and Ranch Dressing	<b>Butterbean, Blackbean and Coconut Stew</b> ♻️ 🍷 🌿 Served with Wholegrain Rice and Mixed Salad
	PAN ASIAN	PAN ASIAN 🍷 🌿 🥬
<b>TUE</b>	<b>Butter Chicken</b> 🍷 🌿 Served With Wholegrain Rice	<b>Veggie Burrito</b> Served with Chipotle Wedges
	HOT DELI	HOT DELI
<b>WED</b>	<b>Roast Pork and Stuffing Baguette</b> Served with Baked Garlic and Herb Wedges	<b>Sticky BBQ Quorn Pitta</b> ♻️ Served with Baked Garlic and Herb Wedges
	ITALIAN	ITALIAN
<b>THUR</b>	<b>Beef Lasagne</b> 🌿 Served with Garlic and Herb Bread and Mixed Salad	<b>Vegetarian Lasagne</b> ♻️ 🍷 🌿 Served with Garlic and Herb Bread and Mixed Salad
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> Served With Chips, Baked Beans And Peas	<b>Vegetable Tikka Sausage Roll</b> ♻️ Served with Chips, Baked Beans and Peas

### HOT DISHES:

**Paninis**  
**Pasta and Sauces**  
**Freshly Baked Pizza**  
**Soup and Bread**  
**Jacket Potato and Toppings**

### SALADS:

**Tuna and Sweetcorn Pasta Salad** 🍷 🌿  
**Pesto Pasta Salad** 🌿 ♻️ 🍷  
**Roasted Indian Chickpea Salad** 🍷 ♻️

### SANDWICHES/BAGUETTES:

**Ham and Cheese Sandwich**  
**Chicken Salad Sandwich**  
**Cheese Baguette** ♻️  
**Tuna Mayo Baguette**  
**BLT Baguette**

### WRAPS:

**Pepper and Houmous Wrap** ♻️ 🌿 🍷  
**BBQ Chicken Wrap** 🌿 🍷  
**Chicken Caesar Wrap** 🌿 🍷