

Subject Learning Journey - PHE & Sport



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Module 1
Sports injuries & rehabilitation

Module 1-3
Sports organisation & development

Module 5
Sports organisation & development - Exam

Module 3-6
Sports coaching & leadership

Module 6
Exam retakes if required

Module 5-6
Sports injuries & rehabilitation

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Module 5
Body systems and the effects of physical activity - Exam

Module 3-5
Body systems and the effects of physical activity

Module 1-3
Sport & exercise psychology

Contemporary Issues in sport final exam

Contemporary Issues in sport: The use of technology in sport

Contemporary Issues in sport: The role NGB's play in the development of their sport

Contemporary Issues in sport: The implications of hosting a major sporting event

Contemporary Issues in sport: The role of sport in promoting values

Contemporary Issues in sport: Issues which affect participation in sport

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Performance & Leadership in Sport: Organising and planning a sports activity session

Performance & Leadership in Sport: Leading a sports activity session

Performance & Leadership in Sport: Reviewing your own performance in planning and leading a sports session

Performance & Leadership in Sport: Final practical assessments

Sport and the Media: The different sources of media in sport

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Sport and the Media: Positive effects of the media in sport

Sport and the Media: Negative effects of the media in sport

Developing skills, techniques and roles in summer sports

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Problem Solving in striking and fielding activities

Performing in aesthetic activities

Range of tactics and strategies

Developing skills, techniques and roles in winter sports

Demonstrating Personal Improvement

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Demonstrating Personal Improvement

