Subject Learning Journey - PSHRE





Understand the concepts of prejudice and discrimination and be able to identify how to challenge W and report it



Examine cultural identify and promote diversity and inclusion. Develop an understanding of intersectionality. marginalisation and privilege



Drugs and alcohol and its impact on decision making and personal safety, including looking out for friends, drink spiking and safe travel

Examine consent and understanding the law and encouraging safe, healthy sexual interactions





Revisiting government and politics and exploring current political discourse

Understanding finance: student loans and repayments, payday loans, payslips and pensions





Examine the Protected Characteristics enshrined in the Equality Act, 2010



Understand the qualities of a healthy relationship and to identify markers of unhealthy relationships, such as coercive control

Transition to post-16 education, the importance of sleep, diet and exercise



Understand work/life balance, revisit healthy lifestyles includina contraception



Revisit healthy relationships. communication and exit strateaies

<u>Understanding</u> finances in the world of work and other risks such as gambling and scams



Develop strategies to deal with stress and maintain a healthy lifestyle

Examine the risks and consequences of gang culture, knife crime and county lines



Consider your personal values against extremism and radicalisation

Examine different types of exploitation and dangers of human traffickina



Explore the different types of families and social issues surrounding this

Identify the risks of

the media on

self-image and self

esteem



Explore the risks involved with aesthetic procedures and tattoos

Understand consent and why it is essential. Examine the impact of viewing or sharing harmful content online



Careers education

to identify your

future pathways



Understand contraception choices and pregnancy

Revisit the impact of exercise, diet, sleep and understand how to conduct self examinations.



Analyse the danger and impact of knife crime



Understand how to have a balanced view: looking at issues from different perspectives

Develop an understanding of the Equality Act. 2010 and recognise discrimination







sexual behaviours and how to spot the sians of abuse



Examine the risks and consequences of gang culture





Develop an awareness of how to safe both online and





Examine mental health and learn punishment strategies to maintain positive mental health



Empower yourself by learning about **Human Riahts**



Gain an introduction to Buddhism, the philosophy, history and practices.



Understanding and building resilience



Learn how puberty affects young people physically and mentally



Understandina





Consider 'ultimate questions' through being open-minded



Promoting emotional wellbeing and recognising when and how to get help

Mental health:



Examine the use and abuse of drugs and alcohol to enable you to make safe choices in your life





Managing emotions and exploring



healthy lifestyles: Sleep, diet, exercise



safe online

