

# Subject Learning Journey - PHE & Sport



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**Module 1**  
Sports injuries & rehabilitation

**Module 1-3**  
Sports organisation & development

**Module 5**  
Sports organisation & development - Exam

**Module 3-6**  
Sports coaching & leadership

**Module 6**  
Exam retakes if required

**Module 5-6**  
Sports injuries & rehabilitation

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**Module 5**  
Body systems and the effects of physical activity - Exam

**Module 3-5**  
Body systems and the effects of physical activity

**Module 1-3**  
Sport & exercise psychology

Contemporary Issues in sport final exam

Contemporary Issues in sport: The use of technology in sport

Contemporary Issues in sport: The role NGB's play in the development of their sport

Contemporary Issues in sport: The implications of hosting a major sporting event

Contemporary Issues in sport: The role of sport in promoting values

Contemporary Issues in sport: Issues which affect participation in sport

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Performance & Leadership in Sport: Applying practice methods to support improvement in a sporting activity

Performance & Leadership in Sport: Organising and planning a sports activity session

Performance & Leadership in Sport: Leading a sports activity session

Performance & Leadership in Sport: Reviewing your own performance in planning and leading a sports session

Performance & Leadership in Sport: Final practical assessments

Sport and the Media: The different sources of media in sport

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Sport and the Media: Positive effects of the media in sport

Sport and the Media: Negative effects of the media in sport

Developing skills, techniques and roles in summer sports

Tactics and strategies in summer sports

Developing tactics and strategies in winter sports

Personal Improvement in Fitness

Coaching & Leadership

Developing skills, techniques and roles in winter sports

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Developing skills, techniques and roles in summer sports

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Coaching and leadership

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Performing in aesthetic activities

Developing skills, techniques and roles in winter sports

Personal Improvement in Fitness

Developing tactics and strategies in winter sports

Problem Solving in striking and fielding activities

Developing skills, techniques and roles in summer sports

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Developing skills, techniques and roles in winter sports